



GRIEF SHARE[®]

A Grief Support Group

GriefShare will begin

Thursday September 7th at 7PM.

GriefShare is a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. You don't have to go through the grieving process alone.

GriefShare groups meet weekly to help you face these challenges and move toward rebuilding your life.

There are weekly topics such as: Is This Normal?, Challenges of Grief, The Journey of Grief – Part One & Two, Grief and Your Relationships, Guilt and Anger, and others.

Invite your family, friends or neighbors who may be grieving the death of a loved one.

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